



Information Kit

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Tubing Quality Comparison

| Feature | Henco Pex-Al-Pex | | |
|---|-------------------------|------------------------|--------------------|
| | From Radiant Outfitters | Competitors Pex-Al-Pex | Regular Pex |
| Does it Have an Oxygen Barrier? | YES | YES | sometimes |
| Is the Oxygen Barrier 100% | YES | YES | no |
| Is the Oxygen Barrier Layer Protected | YES | YES | sometimes |
| Highest Temp. & Pressure Ratings | YES 203°F @ 145 PSI | no 180°F @ 125 PSI | no 180°F @ 100 PSI |
| Easy to Layout | YES | YES | no |
| Works well with Heat Transfer Pans | YES | YES | no |
| Approved for Warmboard® | YES | sometimes | almost never |
| Butt Welded Aluminum Sleeve | YES | no | N/A |
| Uniform Pex Thickness | YES | no | YES |
| Less Fasteners Needed | YES | YES | no |
| Coefficient of Linear Thermal Expansion Similar to Copper | YES | YES | no |
| Best Heat Transfer | YES | YES | no |
| Stays Where you Bent it | YES | YES | no |
| NOT Sold by Chain Stores | YES | YES | no |
| NOT Sold on Internet | YES | no | no |
| MANUFACTURES Name on Tubing | YES | no | sometimes |
| Made on Latest Technology Equipment | YES | no | almost never |
| Utilizes C-Method of Crosslinking Which is the Strongest Method | YES | almost never | almost never |
| Country of Origin Printed on Tubing | YES | almost never | sometimes |

Clear Winner is Henco Pex-Al-Pex From Radiant Outfitters



BUTT WELD VERSES OVERLAP WELD

(Related to the aluminum sleeve)

There are two options for welding the aluminum sleeve found in Pex-Al-Pex. This weld is very important, as the seam and the weld runs the entire length of the tubing.

Butt weld (method Henco chooses) -

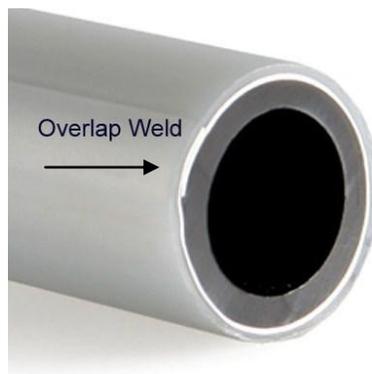
- Does not have aluminum fighting itself through expansion and contraction during the heating process.
- Stronger weld
- Extruded on the latest technology equipment
- Does NOT affect the thickness (or the uniformity) of the inner or outer layer of Pex.



Henco's butt welded Pex –Al – Pex

Overlap weld -

- Has aluminum fighting against aluminum at the overlap weld as it expands and contracts with temperature changes.
- Overlap welds have less strength.
- Extruded on old technology extruders.
- Creates thinner Pex layers at the weld area, usually on both the inside and outer layers.



Currently, Henco is the only Pex-Al-Pex tubing available in America with the butt weld!

INSULATION AND VAPOR BARRIER INFORMATION

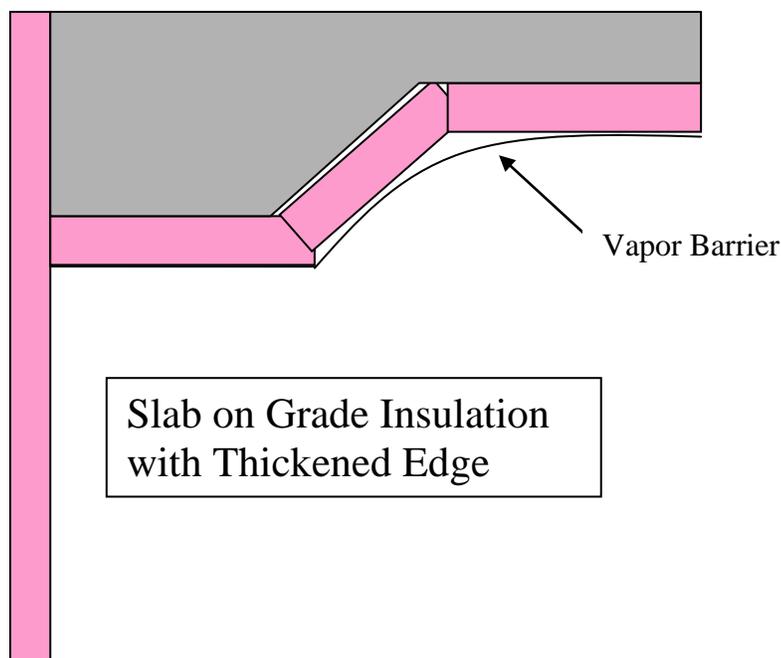
Please keep a few laws of physics in mind when using radiant floor heat.

1. Heat DOES NOT rise! Hot air rises, radiant heat travels in *all* directions.
2. Heat seeks cold and tries to neutralize it.

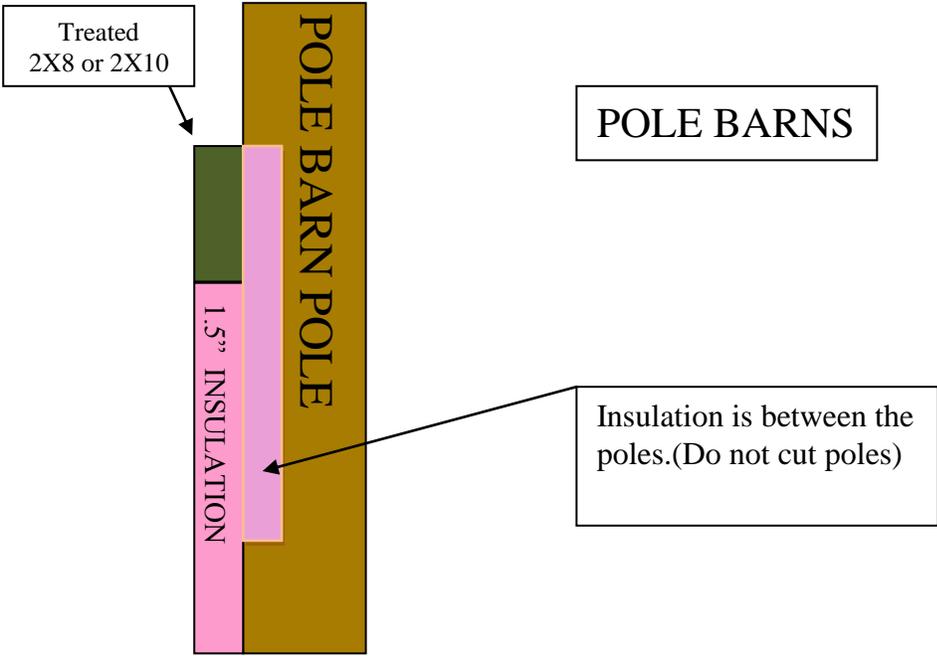
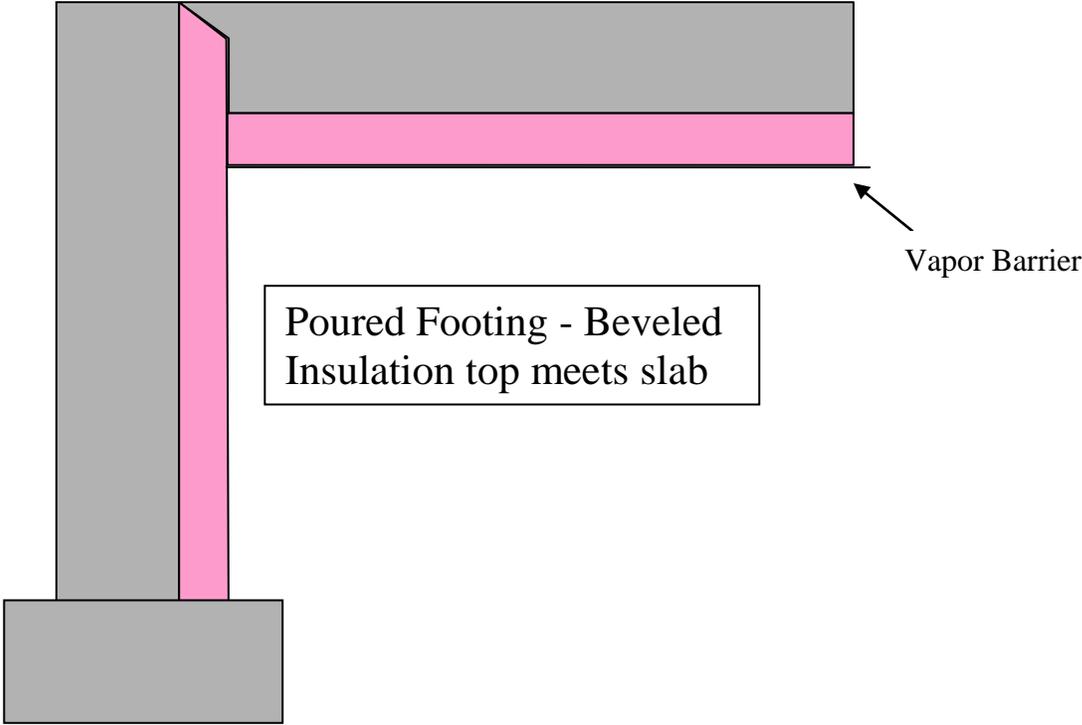
When dealing with concrete slabs you need to consider perimeter insulation vertically installed and horizontal insulation under the slab. This is done to stop the heat from going directions that are not of value and therefore creating a less efficient heating system.

PERIMETER INSULATION – This needs to be 2” thick with a minimum R-value of 10. The insulation needs to be installed along the edge of the concrete and is usually put in as part of the forms before the concrete is poured. In northern climates it should go down a minimum of 3 feet from the top of slab. Some local codes may require it to go deeper.

The diagrams below are NOT to scale.



Perimeter Diagrams Continued



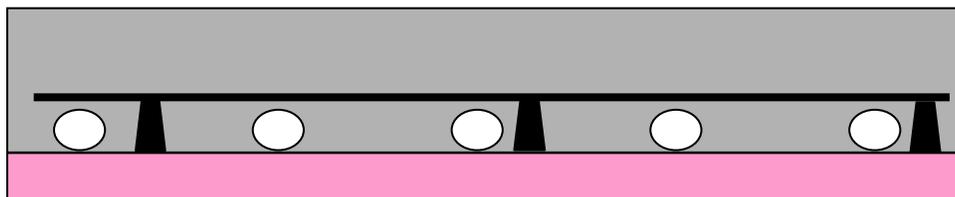
HORIZONTAL INSULATION – there are several things to consider:

- **Vapor barrier** is a must under all slabs and should be installed under all horizontal insulation.
- **When to insulate under slabs:**
 - When the project is 2,000 sq. ft. or smaller always insulate.
 - If the project is larger than 2,000 sq. ft. than insulate the whole area if ground water is a concern or if you want to maximize efficiency. If ground water levels and absolute maximum efficiency are not a concern, you can consider only putting horizontal insulation on the first 8-16 feet in from the outer walls.
- **What type of insulation** – a closed cell polystyrene with a thickness of 1” to 2”. These are usually sold in 4x8 blue or pink or gold sheets.
- **Do I need to tape the insulation seams?** – Due to the vapor barrier below, taping in not needed.
- **Are most bubble foil bubble insulation products a good horizontal insulation?** – NO! This product has been proven to not give good R-values under slabs.
- **What about those insulated tarps and other products?** – We are somewhat leery of these products, but have not heard any reports of them not working.
- **Density of the insulation** – When buying insulation, ask the sales person to recommend a density for your particular application.

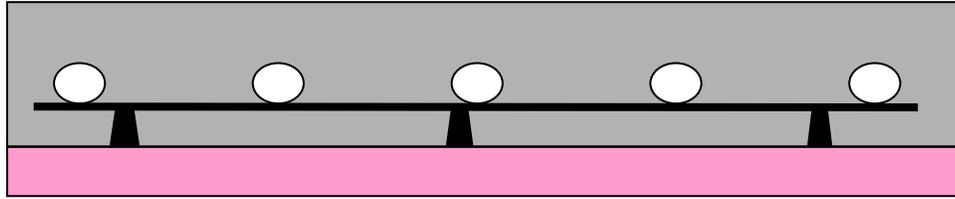
LOCATION OF TUBING IN CONCRETE

There are three locations to consider:

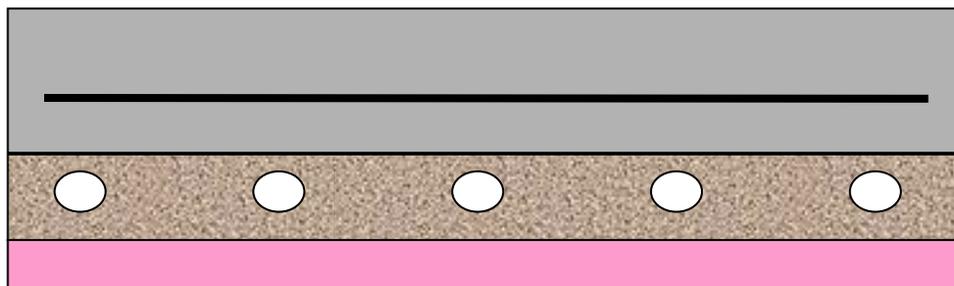
- At the **bottom** of the concrete with the re-rod above it. The tubing is attached to the insulation with plastic staples or screw clips. **This is our preferred location.** We feel the tubing is more protected from damage during the pour and it is farther away from future drills, nails and screws that may penetrate the slab. Yes it will take a little longer to feel heat at the surface when you first “fire” the floor up, but that is a minor point. Keep in mind, when tubing is located in the *middle* of slab it still heats downward anyway.



- Another common tubing location is in the *middle* of the concrete attached to the re-rod. This is a matter of preference and the tools you own for fastening. This is our second choice for location. Please keep in mind that in shops there needs to be a minimum of 1.5" of concrete above the tubing and for homes a minimum of 3/4".



- Another option for tubing placement is *below* the concrete in a bed of sand. Some people choose this method for fear of the tubing breaking with the concrete, or for load management applications (storage heating). When tubing is placed in the sand, the tubing is not directly in the concrete so cracks and shifts of concrete give no threats. Normally, cracks in concrete are not a threat to tubing regardless of placement. We feel *CAUTION* should be used when using sand. Sand has been known to cause a lack of heat transfer to the slab above. The thicker the sand bed used, the more likely this problem is. Another potential threat when using sand is that the construction crew forgets there is tubing (because it is buried in sand) and they damage the tubing (drive a stake through, etc). An *advantage* of adding a little sand above the vapor barrier and insulation is that it *DOES* make the troweling of the concrete more normal (it is similar to not having a vapor barrier).



LIGHTWEIGHT CONCRETE RECIPE

(Your ready-mix plant may already have a recipe)

An alternative to gypsum based underlayment is lightweight concrete. Lightweight concrete can be mixed by local concrete suppliers and is poured, leveled, and troweled in the same manner as standard concrete.

| Gypsum-Based Underlayments | Lightweight Concrete |
|--|--|
| Weight 14.4 lbs per square foot at 1.5 inches thickness. | Weight 12.5 – 14 lbs per square foot at 1.5 inches thickness. |
| Must be installed by a certified professional. | Can be installed by any concrete professional. |
| Compression strength 1500-2500 psi. | Compression strength 3000 psi. |
| Not designed to be used as a wear surface. It must be covered. | Can be used as a wear surface. Does not need to be covered. |
| Can be seriously damaged by prolonged exposure to water. | Very resistant to moisture damage. |
| Self-leveling – can be installed very quickly. | Needs to be screeded and troweled. |
| Thermal conductivity is less than standard concrete. | Has a higher conductivity than gypsum but less than standard concrete. |

Recipe for lightweight concrete¹

| | |
|--------------------------------------|-------------|
| Portland cement (94 lb. Bags) | 5.5 Bags |
| Sand | 1160 pounds |
| Water | 37 gallons |
| Norlite lightweight aggregate (3/8") | 900 pounds |
| Hycol (water reducing agent) | 15.5 ounces |
| Daravair (air entraining agent) | 4.0 ounces |
| WRDA-19 (superplasticizer) | 51.7 ounces |
| Fiber mesh | 1.5 pounds |

This will make 1 cubic yard, which will cover 210 square feet of floor when poured 1.5" thick.

¹ *Modern Hydronic Heating* by John Siegenthaler, PE; Delmar Publications, 1995

WHY DOES TUBING NEED AN OXYGEN BARRIER?

- In short, oxygen in the boiler fluid is an enemy to the boiler and pumps. Oxygen + Metal + Fluid = Rust
- It is a fact that Pex that *does not* have an oxygen barrier layer added to it allows oxygen to permeate into the system. One theory on how this happens is that as hot water runs through plastic tubing the tubing expands and contracts, and this process creates minute cracks in the surface of the plastic wall. Oxygen lays in these small cracks and over time the oxygen works its way into the boiler fluid. This process happens **WITHOUT** the tubing leaking externally.
- The aluminum sleeve in Pex-Al-Pex is 100% oxygen proof, which is the original reason it was placed in-between the two layers of Pex, creating Pex-Aluminum-Pex.
- Regular Pex (without aluminum layer) has an oxygen barrier that is only approximately 98% effective at blocking oxygen even when brand new. Some regular Pex has no oxygen barrier at all (okay for plumbing, but not recommended for most heating systems). Most Pex that has an oxygen barrier has it located on the outside of the pipe. This is the easiest location for manufactures to put an oxygen barrier. However, the oxygen barrier on the outer wall is easily damaged as you install it by scraping it along the ground, etc.

HYDRONIC FLOOR TUBING VERSES ELECTRIC MATS

| | Tubing | Mats Or Cables |
|----------------------------------|--------|----------------|
| Gas boiler | YES | no |
| Electricity as heat source | YES | YES |
| Ground source heat pump | YES | no |
| Solar | YES | no |
| Wood boiler | YES | no |
| Corn boiler | YES | no |
| Bio-mass boiler | YES | no |
| Can you alter the temp delivered | YES | no |
| Can you alter the GPM | YES | no |
| Easy for bathroom remodel | no | YES |

Long story short, if someone chooses electric mats or cables they are forever married to the electric company! They are also never able to upgrade to newer and higher efficiency heat sources as they become available in the future.

Hydronic Rules of Thumb

Tube Spacing Formula – Use to calculate on center spacing of tubing.

Take the **inside dimension** of the area to be heated in sq. ft., **divided** by available tubing, **multiplied** by 12 = **On Center Spacing**.

On Center Spacing Formula – Use to calculate how much tubing you need based on the on center spacing you want. Take the **area** in square feet and **multiply** it by the on center **multiplier** below.

| Desired Tubing On Center Spacing | On Center Multiplier |
|----------------------------------|----------------------|
| 8" | 1.5 |
| 9" | 1.33 |
| 12" | 1 |
| 15" | .8 |
| 18" | .667 |

Maximum Surface Temperature – For heated floor surfaces, it is recommended that temperatures do not exceed the mid 80s (for your feet's sake).

Maximum Water Temperature – For tubing that is in contact with concrete, it is recommended for the concrete's sake that the water temperature not exceed 140°F.

Maximum Loop Lengths – To deliver heat most efficiently with radiant floor tubing, you should not exceed the following loop lengths in most cases.

1/2" Tubing – 330 Feet

5/8" Tubing – 450 Feet

Approximate Volume of Water per 100' of Tubing

| | | |
|-------------|---|--------------|
| 1/2" Tubing | = | .91 Gallon |
| 5/8" Tubing | = | 1.62 Gallons |
| 3/4" Tubing | = | 2.53 Gallons |
| 1" Tubing | = | 4.27 Gallons |

Approximate Building Heat Loss Per Square Foot

| | |
|---------------|-------------------------|
| Basements | 15 BTU's / sq. ft. |
| Main levels | 20-25 BTU's / sq. ft. |
| Shops | 25 BTU's / sq. ft. |
| Older homes | 30-35 BTU's / sq. ft. |
| Greenhouses | 100-125 BTU's / sq. ft. |
| Snowmelt | 150-200 BTU's / sq. ft. |
| Car wash Bays | 70-80 BTU's / sq. ft. |
| Holding pens | 45-50 BTU's / sq. ft. |

WHAT IS A DELTA T? (ΔT)

The temperature difference between the water leaving the boiler and the water returning. Generally this should be 10 – 20 degrees.

DEFINING A BTU

The amount of energy to raise one pound of water 1 degree.

Example – 1 gallon of water weighs 8.33 pounds. To raise it one degree it would take 8.33 BTU's.

DELIVERING BTU'S WHEN USING HYDRONIC HEAT

$500 \times \text{GPM} \times \text{Delta tee} = \text{Delivered BTU's}$

EXAMPLE: $500 \times 10 \text{ GPM} \times 20 \text{ Degrees} = 100,000 \text{ BTU's}$

HOW MANY GALLONS PER MINUTE DO I NEED?

Each gallon per minute of water delivered equals 10,000 BTU's of heating (assumes a 20 degree Delta T). **EXAMPLE:** 125,000 BTU's needed divided by 10,000 = 12.50GPM

KW / BTU CONVERSION

$1\text{KW} = 3,415 \text{ BTU's}$ (Example: $12\text{KW Boiler} \times 3,415 = 40,980 \text{ BTU's}$)

INSULATION VALUE CONVERSION

The number 1 divided by R-Value equals "U" factor

The number 1 divided by U-Factor equals "R" value